

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Januarius Bart HEADCOACH

Coaches: Leemans Mats

Coaches: Crevits Jonas

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN				Heat:7, starttime: 09:45
Heat: 7/7 Lane : 5 Athlete: THIÉBAUT NOAH				Q-time: 00:25:79
PB (25m pool): 25.79 Gent 10 Nov 2024				PB (50m pool): 26.74 SB:
	2 5 M	5 0 M		
PB		25.79		
		25.79		
				

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:4, starttime: 09:50
Heat: 4/6 Lane : 4 Athlete: NAZARUK NICOLE					Q-time: 01:02:83
PB (25m pool): 1:02.83 Gent 10 Nov 2024					PB (50m pool): 1:05.24 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.60		1:02.83	
		30.60		32.23	
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN				Heat:6, starttime: 10:25
Heat: 6/8 Lane : 2 Athlete: VAN GROENIGEN KARSTEN				Q-time: 00:29:71
PB (25m pool): 29.19 Sint-Amandsberg 19 Oct 2025				PB (50m pool): 29.90 SB:
	2 5 M	5 0 M		
PB		29.19		
		29.19		
				

Coach feedback:

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Event number: 21: 50M BREASTSTROKE MEN										Heat:6, starttime: 10:25	
Heat: 6/8 Lane : 6 Athlete: CLEYMANS KARSTEN										Q-time: 00:29:39	
PB (25m pool): 29.31 Leuven 13 Nov 2021										PB (50m pool): 29.71 SB:	
	2 5 M		5 0 M								
PB			29.31								
	29.31										
											

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN										Heat:7, starttime: 10:25	
Heat: 7/8 Lane : 3 Athlete: CLEYMANS TORBEN										Q-time: 00:28:88	
PB (25m pool): 28.88 Gent 10 Nov 2024										PB (50m pool): 29.44 SB:	
PB	2 5 M			5 0 M							
				28.88							
				28.88							
											

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:3, starttime: 10:45		
Heat: 3/4 Lane : 7 Athlete: VAN GROENIGEN KARSTEN						Q-time: 02:10:77		
PB (25m pool): 2:10.77 Aachen (GER) 12 Oct 2025			PB (50m pool): 2:12.15 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.66		1:04.79		1:39.54		2:10.77
	28.66		36.13		34.75		31.23	
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN										Heat:6, starttime: 10:55	
Heat: 6/6 Lane : 8 Athlete: NAZARUK NICOLE										Q-time: 00:29:06	
PB (25m pool): 29.39 Aachen (GER) 11 Oct 2025										PB (50m pool): 29.06 SB:	
	2 5 M		5 0 M								
PB			29.39								
	29.39										
											

Coach feedback:

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Event number: 25: 100M FREESTYLE MEN					Heat:5, starttime: 11:00
Heat: 5/9 Lane : 7 Athlete: THIÉBAUT NOAH					Q-time: 00:52:74
PB (25m pool): 52.74 Gent 10 Nov 2024					PB (50m pool): 52.92 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.39		52.74	
	25.39		27.35		
					

Coach feedback: